

Kickball Rules

PLAY AREA:

The games will be played on the Deltas State Intramural fields. The games will be played 2 at a time.

EQUIPMENT:

- Players must wear proper attire (tennis shoes, shirts, etc.).
- 8 ½ in. Voit playground balls
- TEAMS MUST HAVE SHIRTS OF THE SAME COLOR!!!!!!!!!!!!!!!!!!!!!!

TEAMS:

A team consists of 10 players on the field. A team may play with less than 10. Extra players - no more than 10 players per team on the field at a time. If a team has additional players, they may wait on the sideline to substitute when the team ready.

TIME/RESULTS:

- 50 minutes is allotted per game or 7 innings of play
- Forfeit time: Must start with 7 (3 female/4 male). If after 5 minutes there is not enough to play - it will be a forfeit.
- Double check with officials to make sure correct score is recorded.

PLAY:

- Balls must be pitched by hand. There are no restrictions on pitching style. Bouncies are **NOT** allowed
- All kicks must be made by foot or leg, below the knee. Any ball touched by the foot or leg below the knee is a kick. Absolutely **NO BUNTING!!!**
- Neither leading off base, nor stealing a base is allowed. A runner may advance once the ball is kicked. A runner off base when the ball is kicked is out
- Pegging **IS** allowed. You must peg them below the shoulders. Do not aim for the head.
- Hitting a runner's neck or head with the ball is not allowed, except when the runner is sliding. Any runner hit in the neck or head is safe, and advances to the base they were running toward when the ball hits the

runner. If the runner intentionally uses the head or neck to block the ball, and is so called by the Referee, the runner is out.

- A tag-up is a requirement to retouch or stay on a base until a kicked then caught ball is first touched by a fielder. After a tag-up a runner may advance. A runner failing to tag-up as required is out. All ties will go to the runner. Runners traveling from home plate may overrun first base, and may only be tagged out if actively attempting to advance to second base.
- An overthrow is a ball thrown, kicked, or deflected into foul territory while making a defensive play toward a player or base. A runner may advance only one base beyond the base the runner is on or running toward when the ball travels into foul territory
- Running past another runner is not allowed. The passing runner is out
- A count of three (3) strikes is an out.
- An attempted kick missed by the kicker is a strike. A foul kick is a strike. You cannot foul out.
- A count of three (3) outs by a team completes the team's half of the inning.